

## Storing and Heating Instructions Lunch Items

### **Cheeseburger/Hamburger:**

- 1) Microwave on high until internal temperature of Beef Patty reaches 165 F
- 2) Heat Oven to 350 F cook Beef Patty 18-20 minutes or until internal temperature reaches 165 F

### **Chicken Sandwich:**

- 1) Microwave on high until internal temperature of Chicken Patty reaches 165 F
- 2) Heat Oven to 350 F cook Chicken Patty 18-20 min. or until internal temperature reaches 165 F

### **Sausage Dog or Hot Dog:**

- 1) Microwave on high 30-60 seconds or until internal temperature of Sausage or Hot Dog reaches 165 F

### **Pizza:**

- 1) Preheat Oven to 325 F
- 2) Place Pizza on a baking sheet and cook for 8-11 minutes or until Cheese is melted
- 3) Microwave frozen pizza on high 2 – 2 ½ minutes or until Cheese is melted
- 4) Microwave thawed pizza on high 1 – 1½ minutes or until Cheese is melted

### **Corndog:**

- 1) Preheat Oven to 375 F. Bake Corndog for 8-10 minutes turning once midway through cooking
- 2) Microwave on high until internal temperature reaches 165 F

### **Chicken Quesadilla:**

- 1) Preheat Oven to 350 F
- 2) Bake for 18-20 minutes or until internal temperature reaches 165 F

### **Chicken Tenders Pre-Cooked/Wings Pre-Cooked:**

- 1) Preheat Oven to 350 F
- 2) Bake for 18-20 minutes or until internal temperature reaches 165 F
- 3) Microwave on high for 2-2.5 minutes or until internal temperature reaches 165 F

### **Chili Cheese Dog:**

- 1) Microwave on high for 30-60 seconds or until internal temperature of Chili and Hot Dog reaches 165 F

### **Grilled Cheese Sandwich:**

- 1) Preheat Oven to 350 F
- 2) Bake for 10-12 minutes

### **Cupped Vegetables:**

- 1) Optional – Cupped vegetables can be consumed either cold or hot
- 2) Hot - Microwave on high for 28-30 seconds

### **NOTE:**

- ✓ **Hold All Food Items at 41 F or lower until ready to cook**
- ✓ **Milk will be delivered in a frozen state to ensure temperature will remain at 41 F or lower during transport to students. Milk that is not being consumed immediately should be kept under refrigeration until ready to consume**
- ✓ **When reheating foods in microwave cooking times may differ depending on microwave wattage**